

Zachyra Rodriguez Psychotherapist Clinical Social Worker LCSW, CCATP, CFD

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Zachyra Rodriguez, is a Bicultural-Bilingual Licensed Clinician whose motto is "Making a difference in people's lives". Her love for God & passion for helping others has driven her to work with many individuals in different settings and backgrounds.

Zachy ("Sashi") as many know her by, has been providing psychotherapy in English and Spanish to many families, couples, and individuals for several years utilizing eclectic therapeutic approaches. She is a public speaker and has developed pilot programs, facilitates workshops, psychoeducational groups,

parenting education, and mentorship programs.

Specialties Anger ~ Anxiety ~ CBT Depression ~ EMDR ~ Grief Life Transitions Relationship Issues ~ Self-esteem Trauma

2561 Yardville Hamilton Square Rd Hamilton, NJ 08690 609-431-0600



# HEALING GROUNDS Wellness Center, LLC



# Counseling Services

Your Journey to Wholeness

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### Your Personal Journey

I practice from a psychodynamic and person centered approach while partnering with you to navigate those stressors and discover how past experiences are influencing your day to day functioning.

Congratulations on taking the first step to healing.

Let's begin this journey together as you discover the root to your wellness and wholeness!

#### Mission

The mission of Healing Grounds Wellness Center is to provide a warm, compassionate and safe environment where diverse individuals from any ethnicity can find their true freedom to wholeness.



### Counseling Services



Individual Therapy



Premarital Services



Christian Counseling





**Couples Counseling**